



bistro on magnolia

RECIPE FOR GREEK WEDGE SALAD



Lili's Bistro Greek Wedge Salad

Makes 1 entrée-size salad or 2 side-size salads

- 1/4 cup diced tomatoes, chopped green onions, diced cucumbers and Kalamata olives
- 2 ounces Lili's **Feta Green Onion Dressing**
- 1/4 head of iceberg lettuce
- Feta crumbles
- Cracked black pepper

Mix vegetables with dressing and drizzle onto lettuce. Top with feta crumbles and cracked black pepper.

Nutritional analysis per serving, based on 1: 339 calories, 32 grams fat, 12 grams carbohydrates, 5 grams protein, 14 milligrams cholesterol, 719 milligrams sodium, 4 grams dietary fiber, 81 percent of calories from fat.

Lili's Bistro Feta Green Onion Dressing

Serves 4-6 entree size-salads or 8-10 side-size salads

- 2 cups olive oil
- 1/2 cup white-wine vinegar
- 3/4 cup red-wine vinegar
- 1/4 cup water
- 3/4 cup chopped feta cheese
- 1/2 cup chopped green onions
- 1 tablespoon granulated garlic
- 1/2 tablespoon salt (add more if desired)
- 1/2 tablespoon course ground black pepper

Mix all ingredients in blender or food processor, or use a hand blender.

Nutritional analysis per 2-tablespoon (1 ounce) serving: 117 calories, 13 grams fat, 1 gram carbohydrates, 1 gram protein, 3 milligrams cholesterol, 124 milligrams sodium, trace dietary fiber, 95 percent of calories from fat.